

Weekly Zoroastrian Scripture Extract # 361: Let not my outlook on life be darkened, Ahura Mazda - Dasturji Dhalla's Prayer for the day - Homage unto Ahura Mazda Part 3(b) Prayer #6

Hello all Tele Class friends:

North American Mobeds Council (NAMC) - Daily Tandarosti Prayer

NAMC is starting a Tandarosti Prayer each day for our Humdins during these trying times.

Please see NAMC communique below:

Join us daily at 6 pm EDT for Tandarosti Prayer at:

Canada: [+1 \(647\) 497-9373](tel:+16474979373)..[547454917](tel:+16474975474)

United States: [+1 \(571\) 317-3117](tel:+15713173117).,[547454917](tel:+15713175474)

NAMC recognizes and thanks Mobeds throughout North America, who, through their respective Zoroastrian Associations, have conducted virtual prayer assemblies and provided spiritual support and guidance to fellow Zarathushtris.

NAMC is also encouraged by the participation of many Zarathushtris in [prayers/nirangs suggested in our Communiqué of March 26, 2020](#). Many have asked us for more active participation. As a result, we are now providing daily virtual prayer meetings.

Be a part of this virtual congregation and participate in prayers as our Mobeds pray daily for those who are afflicted by this virus, their families, caregivers, doctors, nurses, and also for those who would like to draw spiritual strength and solace from our prayers in these difficult times.

For those who would like to be included by name in our daily congregational **Tandarosti** prayers, or would like personalized prayers to be recited via telephone or via Video Conferencing (Skype, Zoom etc.) please submit your **name(s)** with the **title** Ervad, Osta/Osti, Behdin or Khurd, and your **preference** for congregational or personal prayer to kurush_17@hotmail.com or call **Ervad. Kurush Dastur at (903) 413-0558**. **[Please click on this link and submit your names online.](#)**

Let us unite in prayers as we navigate through these difficult times.

May Ahura Mazda continue to give us strength, courage and wisdom for a brighter future.

Atha Jamyat, Yatha Aafrinaami (May it be so as I pray)

Let not my outlook on life be darkened, Ahura Mazda

In these unprecedented times of anxiety, worries, sickness and deaths all over the world due to the dreadful COVID-19 virus, people's outlook on life is darkened. During these times, people have turned to their God for help which is a very good sign.

Our Iranshah Vada Dasturji Khurshed Dastur Kekobad, and many Mobeds and Zoroastrian Associations of Hafta Keshwar Zamin have conducted live streaming prayers which are very helpful to all our Humdins. So, during these times of COVID-19 pandemic, we searched for a prayer that can lighten our burden during these extra-ordinary times and we were able to find a very nice prayer written by none other than Dasturji Maneckji Dhalla in his wonderful daily English prayer book: *Homage Unto Ahura Mazda – Part 3(b), Prayer #6*. So today, we present this prayer: **“Let not my outlook on life be darkened, Ahura Mazda”**, available at:

<http://www.zarathushtra.com/z/article/dhalla/ch3b/iiib06.htm>

[\(Please hear the attached .mp3 file for its recitation\)](#)

Let not my outlook on life be darkened, Ahura Mazda

Life is not all spring-time. It is fiery summer and freezing winter and fading autumn too. Corroding are the cares and anxieties of life. Crooked are the ways of life. Often does life offer me the cup of bitterness to drink. Great is the agony with which my spirit has to wrestle. Unbreakable is the pain of the inner struggle in life that closes around me as the darkness of the night. Save me, my Lord, from its deepest gloom that falls upon me like a curtain.

Give me courage to endure, my Sustainer, what cannot be cured. Help me to fight against odds. Let me bravely bear in life the beatings and buffetings of the world. Embolden me to face and fight the prosaic hardships that life imposes upon me. Help me to brave the life's worst, that comes to me.

Let not despondency overshadow me. Let me not be a defeatist at heart. Let me not be a victim to self-distrust. Let me not lose heart about myself. Let me not underestimate myself. Let me not suffer from inferiority complex. Let me not despairingly delve deeply in the dark mysteries in which life is bounded. Let me not seek an escape from life. Let me not sink into retreat in the cloister of my inner world. Save me, my Kindly Lord, from the dangers of the morbid and musing temperament.

Zarathushtra consoles me with his soothing counsel that sorrows and sufferings, trials and tribulations are often the great disciplinarians that lead me to the springs of spiritual enlightenment. Adversity forces me to think of thee, my Heavenly Father. It brings me closer to thee. It compels me to seek comfort in thee. It works as an incentive to fathom the deep realities of life. Prosperity, on the other hand, often widens the distance between me and thee. It divides me from thee.

I will not, then, let my mind be distracted by the stress of my life. I shall be firm as a rock and nothing shall shake me. The world may not be all I should like, yet I will make the best of all that I can. I will elbow my way through life's

rugged path and swim ashore the stream of life, under thy ever vigilant guidance, Ahura Mazda.

SPD Comments

1. What a beautiful prayer Dasturji Dhalla wrote in his book which fits perfectly into our existence during these extraordinary hard times!
2. The key point in this prayer is that during such calamities we all are compelled to seek comfort in Daadaar Ahura Mazda through our wonderful prayers.
3. Such difficult times make us realize how wonderful our prayers are as we seek solace in reciting/hearing these prayers.
4. We want to thank all the Drs., Nurses, and all other service people who at the risk of their own lives are helping the sick!

Jo Ann and I wish all our Humdins and the whole humanity all over Hafta Keshwar Zamin good health and happiness during these very difficult times.

May the Flame of Fellowship, Love, Charity and Respect for all burn ever eternal in our hearts so we can do HIS work with humility, diligence and eternal enthusiasm!

In HIS SERVICE 24/7!

Atha Jamyaat, Yatha Aafrinaamahi! (May it be so as we wish!)

Love and Tandoorasti, Soli

Dasturji Dhalla

