

My English Pocket Book
of
NIRANGS

(Short Zoroastrian Prayers)



*(Pray your way to Success,
Health, Prosperity and Joy)*

Published by

Union Press

13, Homji Street, 16 Horniman Circle,
Fort, Mumbai 400 001.

Rs. 39



“NIRANGS”

(Capsule Zoroastrian prayers)

*Attain Success
ward off evil influences
Enjoy Good health
Experience inner peace & joy
Feel spiritually protected*

Published by
UNION PRESS

13, Homji Street, Fort,
Mumbai

This book is Published & Printed by
Late Rohinton P. Chinoy at Union Press
13, Homji Street, Fort, Mumbai-1.

**BOOK OF EFFICACIOUS NIRANGS
(FROM GUJRATI SCRIPT TO
ROMAN SCRIPT)**

The above mentioned book was published in Gujrati script about twenty years back and thereafter several editions were published with additional Nirangs.

Necessary explanations regarding Nirangs

It is necessary to give some explanations and guidance to our dear co-religionists regarding the Nirangs contained in this book. These Nirangs are prayers culled from Pazand or Avesta, and prefixed and suffixed by Avesta prayers.

The term 'Nirang' or 'Niruk' occurs in Pahlavi and Persian languages and means

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“strength, ability, power”. However, the word is also used in a wider sense for “short efficacious prayers”, “new things” and “miracles”.

It is necessary to know that the recitation of Nirangs is beneficial to the body, mind and the soul. To get the full benefit the reciter should pray it with devotion, full faith in Ahura Mazda and with due observance of rules of ethics, piety, concentration, food and mode of living. The Nirangs should not be considered a substitute for the Avesta prayers given in the Khodeh Avesta.

Nirangs can be recited for the benefit of self or others. If the reciter of Nirangs observes rules of ethics, piety, concentration, food and mode of living,

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he/she will get physical, mental and spiritual benefits due to the effects of the prayer's colours and vibrations, as these Nirangs are culled out 'ESSENCES' from larger longer prayers by sages and spiritual leaders.

In present times, several Zoroastrians suffer from physical and mental ailments. During troubled times, unawares of the great treasures lying in their own religion due to absence of proper understanding and guidance, they turn towards beliefs and teachings of other religion, visit their holy places and submit themselves to fake charlatans. Such misguided, misled Zoroastrians should pray their own Avesta prayers, which will definitely benefit them if prayed devotedly with full faith.

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I make a fervent and humble appeal to my fellow Zoroastrians that they should turn to prayers like the Nirangs, from their own religion, and pray them with piety and full faith to alleviate their physical and mental sufferings. A Zoroastrian born in the Zoroastrian faith derives much benefit and solace by reciting Zoroastrian prayers on the basis of the 'Jhiram' of Zoroastrian religion.

Need for publishing Nirangs in English script :

For last several years, particularly after formation of Maharashtra state, some devout Zoroastrians are unable to read Avesta prayers published in Gujrati script leading to an urgent demand for publishing them in the Roman script. My ever helpful

friend Ervad Keki Dosabhai Panthaki's wife Perin willingly carried out the task of preparing the book of Nirangs in Roman Script, without any financial gain for which she deserves our sincere congratulations and gratitude.

The Nirangs were initially published in Gujrati by the learned scholar late Ervad Phiroz Shapurji Masani (Solicitor) several years back. About twenty years ago, the late Mr. Parvez D. Chinoy, owner of Union Press, extended a helping hand in re-publishing some of these Nirangs. Mr. Parvez Chinoy passed away in 1990 and the work of publishing this book was continued by his worthy son Rohinton, who too passed away very recently.

The entire credit for preparing and

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publishing this book of Nirangs in Roman script should go to my friend Ervad Keki D. Panthaki. Before I conclude, I would like to thank Mrs. Rohinton Chinoy of Union Press, Mrs. Perin Keki Panthaki, Ervad Burjor R. Panthaki, Ervad Dr. Ramiyar P. Karanjia and others who have extended a helping hand in seeing this work through.

If, by praying these Nirangs with devotion and sincerity, any benefit is derived by my co-religionists, I would consider that the aim of publishing this book has been fulfilled.

June 1999

Ervad Rustom Noshirwan
Panthaki Ex-Principal,
Athornan Boarding Madressa,
Dadar, Mumbai.

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DADAR AHURAMAZDA NA 101 NAM

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**NIRANG OF DADAR AHURA
MAZDA, ASHO SAROSH YAZAD
AND ASHAONĀM FRAVASHINĀM**

(The reciter of this Nirang gets divine help from Dadar Ahura Mazda, Asho Sarosh Yazad and Ashaonam Fravashinam. No evil entity is able to get control over the prayee. Preferably this Nirang is to be recited in the Havan Geh. However, it could be prayed in any convenient geh.)

Khshnaothra Ahurahe mazdāo Ashem
Vohu (3)

Fravarane mazdayasno Zarathushtrish,
Vidaevo Ahuratkaesho, (*Recite the
prevailing geh*) Ahurahe mazdāo raevato
kharenangbuhato, Khshnaothra
yasnaicha Vahmaicha, khshnaothraicha,

Frasastayaecha, yathā Ahu Vairyo Zaotā
frā me mrute, Athā ratush, ashāt-chit
hacha, frā ashava vidhvaō maraotu.

Ahurem mazdām raevantem
Kharenanghuhantem Yazamaide, Āat
mraot Ahuro mazdāo, Frakhshtya, nāma
ahmi, ashāum Zarthushtya; bityo
vānthvyo, thrityo, avitanyo, tuirya asha
vahishta, pukhdha vispa vohu Mazda-
dhāta asha-chithra, khshtvo yat ahmi
khratush; haptatho khratumāo ashtemo
yat ahmi chistish, nāumo chistivāo;
dasemo yat ahmi spano, aevandaso
spananguhāo; dvadaso Ahuro; thridaso
Sevishto; chathrudaso imat vidvaeshtvo;
panchadasa avanemna; khshvash-dasa
hāta marenish; haptadasa vispa hishas;
ashtadasa baeshazya; navadasa yat ahmi

dāto; visānstemo ahmi yat ahmi mazdāo
nāma.

Pāyushcha ahmi, dātācha thrātācha
ahmi, znātācha mainyushcha ahmi
spentotemo baeshazaya nāma ahmi,
baeshazyatema nāma ahmi āthrava nama
ahmi, āthravatema nāma ahmi, Ahura
nāma ahmi, Mazdāo nāma ahmi, ashava
nāma ahmi, ashvastema nāma ahmi,
khvarenangha nāma ahmi,
khvarenanguhastema nāma
ahmi, pourudarshita nāma ahmi,
pourudarshitema nāma ahmi, durae
darshita nāma ahmi, durae - darshitema
nāma ahmi.

Spashta nāma ahmi, vita nāma ahmi,
dāta nāma ahmi, pāta nāma ahmi,

thrāta nāma ahmi, znāta nāma ahmi,
 zanoishta nāma ahmi, fshumāo nāma
 ahmi, fshushomānthra nāma ahmi,
 ise - khshathro- nāma ahmi;
 ise - khshathryotemo nāma ahmi,
 nāmo - khshathro nāma ahmi,
 nāmo - khshathryotemo nāma ahmi.

Adhavish nāma ahmi, vidhavish
 nāma ahmi, paiti - pāyush nāma ahmi,
 tbaesho- taurvāo nāma ahmi, hathravana
 nāma ahmi, vispavana nāma ahmi,
 vispatash nāma ahmi, vispa - khvāthra
 nāma ahmi, pouru - khvāthra nāma ahmi,
 khvathravāo nāma ahmi.

Verezi - saoka nāma ahmi; verezi -
 savāo nāma ahmi; sevi nāma ahmi; surāo
 nāma ahmi, sevishta nāma ahmi, asha

nāma ahmi, bereza nāma ahmi,
 khshathraya nāma ahmi, khshathrayo -
 temo nāma ahmi, hudhānush nāma ahmi,
 hudhānushtemo • nāma ahmi, durae -
 suka nāma ahmi, Tāoscha imāo
 nāmenish Ashem vohu (1).

Nemem kavaem khvareno, nemo
 airyene vaejahi, nemo saoke
 Mazdadhāite, nemo ape daityayāo, nemo
 areduyāo āpo anahitayāo nemem
 vispayāo ashaono stoish.

Yathā Ahu Vairyo (4) Ashem vohu (3)

Ahunem Vairim Yazamaide, Ashem
 Vahishtem Sraeshtem Ameshem Spentem
 yazamaide. Amemcha thrimemcha
 aojascha verethremcha kharenascha,
 Zavarecha Yazamaide, Ahurem - Mazdām

raevantem khvrenanguhantem
yazamaide.

Yenghe hātām āat yesne paiti vangho,
mazdāo ahuro vaethā ashāt hachā,
Yaonghāmcha tānscha tāonscha
yazamaide.

Yathā ahu vairyo (2)

Yasnemcha vahmemcha aojascha
zavarecha āfrinami, A h u r a h e
Mazdao raevato khvarenanguhato
Ashem Vohu (1).

Ahmāi raescha - Hazangharem
Jasameavangahe mozd - Kerfe mozd
Ashem (1)

NIRANG FOR DESIRING HEALTH

Khshnaothra ahurahe mazdāo Ashem
vohu (3)

Fravarāne Mazdayasno zarthushtrish
vidaevo Ahuratkaesho (*Recite the
prevailing geh*) Ashahe Vahishtahe
sraeshtahe Airyamano isheye surahe
mazdadhātahe saokayāo vanghuyāo
vourudoithrayāo mazdadhātayāo
ashaonyāo, khshnaothra yasnāicha
vahmāicha khshnaothrāicha
frasastayaecha, Yathā Ahu Vairyo Zaotā
frā me mrute athā ratush ashāchit hacha
frā ashava vidhvāo mraotu.

Ashem Vahishtem sraeshtem
ameshem spentem yazamaide,
Airyamanem ishim yazamaide, Surem
mazdadhātem yazamaide; Saokām

vanguhim vourudoithrām Mazdadhātām
ashaonim yazamaide.

Yāt yushchā framimathā yā
mashyā achishtā danto, Vakhshente
daevo - Zushtā vangheush, sizdyamnā
manangho. Mazdāo Ahurahyā khrateush
nasyanto ashātchā (7 times)

Yathā ahu vairyo (2)

Yasnemcha vahmemcha aojascha
zavarecha āfrinami, ashahe vahishtahe
Sraeshtahe airayamano ishyehe surahe
mazdadhātahe saokyāo vanghuyāo
Vauru - doithrayāo mazdadhātyāo
ashaonyāo. Ashem vohu (1).

Aahmāi raesha - Hazangharem
Jasa me avangahe mozd - Kerfe mozd
Ashem vohu (1)

SHAH FARIDUN'S NIRANG

(One should, if possible, on every Behram roj offer a piece of sandal wood (sukhar), light a diva and ask forgiveness for one's sins and promise to try and live a life of "Ashoi" (righteousness) and useful life.

Shah Faridun's Nirang helps to ward away evil spirits, black magic and the bad stars of our horoscope and helps us in giving Good Health, our Daily Bread and fulfil our wishes. This prayer should be prayed sincerely and in full faith and time alone will show the power and force of this prayer.)

Yathā Ahū vairyo (5) Ashem (3).

Fravarānē mazdayasnō
Zarathushtrish vidaēvō Ahuratkaēshō.

(Recite the prevailing geh) Thraetaonahe
 āthvyānō āshaono fravashahē
 khashnaothra yasnāicha vahmāicha
 khshnaothrāicha, frasastayaēcha, yathā
 Aḥu vairyo zaotā frā me mrūtē. Athā
 ratush ashāt-chit hacha, frā ashavo
 vidhvāo mraotū.

Gandava kuro kuro taurunahe
 Karapno raetha vyasnām bukhta mahi.

Namē yazad nāmē niv khureh-i
 Faridun, Faridun, āthvyān-basta Hōm
 dām dahan in hanāē az ganā mino va
 divān va darujān va jāduān va fryān va
 khrafastarān-ba-zor ādar mino-karkō,
 bazor ādarān ātashan, ba-zor
 akhtarān avākhtarān. Tandōrōsti bād.

Nēki bād, Khūb bād ! Aēdun bād
! Yathā Ahū Vairyo (5); Ashem Vohu (3).

Yathā Ahū vairyo (2) Yasnemcha,
vahmemcha, aojascha, zavarecha
āfrinām Thraētaonahē āthvyāno
ashaonō fravashahē. Ashem Vohu (1)

Ahmāi raeshcha; Hazangharēm,
Jasa mē avangahe; Kērfē mozd.
Ashēm Vohu (1).

NIRANG OF MUSHKIL - ĀSĀN BEHRAM YAZAD

The Behram Yazad Prayer is a powerful prayer to give strength, Success and Victory over Evil Spirits and "Mushkel Āsān" Behram Yazad in his mysterious ways will help those who pray to him with true & sincere feelings and faith.

Khshnaothra Ahurahē mazdāo.

Ashem Vohū (3)

Fravarānē mazdaysnō Zarathushrish
vidaevo Ahuratkaeshō (Recite the
Prevailing geh) Ahūrahē mazdāo raēvato
kharenanaghuhātō, ameshanām
spentanām; Amahē hutāshtahe
huraodhāhe, vērethraghnahē
Ahuradhātahē, vanaintyāoscha

uparatātō, khshnaothra yasnāicha
 vahmāicha khshnaothrāicha
 frasastayaēcha, yathā Ahū vairyō, zaotā
 frā mē mrūte, athā ratush ashātchit hacha
 frā ashavā vidhvāo mraotu.

Ahurem mazdām raevantem
 kharenanguhantem yazamaide; ameshā
 spentā, hukhshathrā hudhāonghō
 yazamaidē, verēthraghnem
 Ahuradhātem yazamaidē, Vanaintimcha
 upartātem yazamaidē.

Amemcha verethraghnemcha
 āfrināmi dva pātāra, dva nipātāra; dva
 nish-haretāra, dva a-dvāozen dva
 vidvaozen dva fra-dvaozen, dva a-
 mērezen, dva Vimerzen, dva-framarezen-
 Yathā ahū Vairyō (1) ♪ (*Pray 7 times*)

Yathā Ahū vairyō (2) Yasnemcha
 vahmemcha aojascha zavarecha
 āfrināmi, ahurañē mazdāo raēvatō
 kharenanghato ameshanām spentanām:
 amahē hutāstahē huraodhahe,
 varethraghnahe ahurādhātahē,
 vanāintiyāoscha uparatāto.
 Ashem vohu (1)

Ahmāi raēshcha; Hazangharem;
 Jasa mē avanghē mozd; Kerfe mozd.

Ashem Vohū (1)

NIRANG TO AVERT THE ILL EFFECTS OF SATURN AND RAHU.

(This Nirang helps to avert the ill effects of saturn and Rahu and other malefic planets.)

Khshnaothra Ahurahe Mazdāo
Ashem Vohu (3)

Fravarāne Mazdayasno Zarthushtish,
vidaevo Ahuratkaesho

(Recite the prevailing geh)

Sraoshahe ashyehe, takhmahe tanu
mānthrahe, darshi - draosh āhuiryehe,
Khshnaothra yasnāicha, Vahmāicha
khshnaothraicha, frasastayecha, yathā
ahu vairyo zaotā frā me mrute, athā ratush
ashatchita hacha fra ashava vidhvāo
mraotu.

Sroashem ashim, huraodhem,
verethrājanem, frādat-gaethem,
ashvanem ashahe ratum yazamaide.

Ahunem vairim tanum pāiti,

Ahunem vairim tanum pāiti,

Ahunem vairim tanum pāiti,

yathā ahu vairyo (1)

(Recite full Kem nā mazdā)

☞ Yātu zi Zarathushtra vanat daevo
mashyo, ko nmānahe bādha spitama
Zarthushtra, Vispa drukhsh janāiti, vispa
drukhsh nāsāiti, yatha haonaiti aeshām
vachām.

Aoi te aoi tanvo dadhāiti, aoi te
athaurunem janāiti, athaurunem yatha

rathaeshtārem, vispano asrushtee
nāshatanām aojangha.

Yo him daste dāranem, yoi hapta
Ameshāo Spentā hukhshathrā
hudhāongho hamarethanāmchit. Daenām
māzdayasnim, aspo kehrpem āpem
Māzdadhātām ashaonim yazamaide.

Ātare vitare maibyā, vitare maibyā
vimraot Zarathushtra ātare vitare
maibyaschit, vitare maibyaschit vimraot
Zarthushtra, yat vangheush Manangho,
yat aithyejanghem vachām.

Fraspāvaresh fracha framerethwacha
frajāthwacha, satawata sate - vata utavata
ute - vata, uta apa - barentu yatha bastem
fravashnām daenām māzdayasnim
nāshatanām aojangha.
Ashem vohu (1) (Recite 7 time)

Yathā ahu vairyo (5) Ashem vohu (3)

Keharpem sraoshahe ashyehe yazamaide, keharpem Rashnaosh razishtahe yazamaide, keherpem Mithrahe Vouru-gaoyaoitish yazamaide, keharpem vātahe ashaono yazamaide Keharpem daenyāo vanghuyao Māzdayasnoish yazamaide, kehārpem Arshtāto frādat - gaethayāo varedat gaethayāo savo-gaethayāo yazamaide, keharpem Ashoish vanghuyāo yazamaide, keharpem chistoish vanghuyāo yazamaide, keharpem razishtayāo chistayāo yazamaide, keharpem vispaeshām yazatanām yazamaide, keharpem Mānthrahe spentahe yazamaide, keharpem dātahe vidaevahe yazamaide, keharpem dareghayāo upayanayao

yazamaide, keharpem ameshanām
 Spentanām yazamaide, keherpem
 ahmākem saoshyantām yat
 bipaitishtanām ashaonām yazamaide
 keharpem vispayāo ashaono stoish
 yazamaide.

Ashem vohu (1) Yathā ahu vairyo (2)

Yasnemcha Vahmemcha aojascha
 zavarecha āfrinami, sraoshahe ashyehe,
 takhmahe tanu-mānthrahe darshi draosh
 āhuiryahe,

Ashem vohu (1)

Aahmāi raescha - Hazangharem
 Jasa me avangahe mozd - Kerfe mozd

Ashem vohu (1).

**NIRANG OF MINO RĀM FOR
REMEMBERING NAMES OF DADAR
AHURA MAZDA.**

Note :-

(This Nirang of Mino Rām helps join broken things. It helps the soul in reaching its original divine form, it heals wounds, brings about compromises in fightings and misunderstandings and unites those who have separated).

Khshnaoθra Ahurahe mazdāo
Ashem vohu (3)

Fravarāne mazdayasno
Zarathushtrish, vīdāevo Ahurat Kaesho,
(Recite the prevailing geh)

Rāmno Khāstrehe, vayosh uparo -
kairyehe, taradhāto anyāish dāmān aetat
te vayo, yat te asti, spento - mainyom,

thvāshahe khvadhātahe, Zarvānahe
 akarnahe, zarvānahe daregho -
 khvadhātahe, Khshnaothra yasnāicha,
 vahmāicha, Khshnothrāicha
 frasastayecha, yathā ahu vairyō Zaotā
 frā me mrute, atha ratush, ashāchit,
 hacha frā ashava vidhvāo mraotu.

Rāma khāstrem yazamaide, vaem
 ashavanem yazamaide, vaem uparo -
 Kairim yazamaide, taradhātem anyāish
 dāmān, aetat te vayo yazamaide yat te
 asti spento - mainyom, thvāshem
 khadhātem yazamaide, zarvānem
 akarnem yazamaide, zarvānem daregō-
 khadhātem yazamaide.

(1) Yazāi Apemcha badhemcha
 yazāi ākhshtim hām vaintimcha
 suyāmcha kataremchit, tem vaem chit

yazamaide, tem vaemchit zbayamahi,
 ahmāicha nmānāi, ahmāicha nmānahe
 namānopatee, ahmāicha zaothro - barāi
 aredrāi paiti - asti, geush -
 vachahayehecha, hathravatahecha, paiti
 hamerathnām Vahishtem yazatem
 yazamaide. Spento - mainyom raevanem
 kharenan - gahuhantem, yazamaide.

(2) Vayush bā nāma ahmi, ashāum
 zarathushtra, avat vayush bā nāma ahmi,
 yat vā dāma apayemi, yascha dathat,
 spento - mainyush, yascha dathat anghro
 - mainyush.

(3) Apayate nāma ahmi; ashāum
 zarathushtra, avat apayate nāma ahmi;
 yat va dāma apayemi, yascha dathat
 spento - mainyush yascha dathat anghro
 - mainyush.

(4) Vano vispāo nāma ahmi, ashāum zarathushtra, avat vano - vispāo nāma ahmi, yat vā dāma vanāmi, yascha dathat Spento - mainyush, yascha dathat anghro - mainyush.

(5) Vohu - varashte nāma ahmi, ashāum zarathushtra. Avat vohu-varashte nāma ahmi, yat vohu - verezyāmi dathusho ahurāi - mazdāi ameshanām spentanām.

(6) Frachare nāma ahmi, aipi - chare nāma ahmi, aipi - taoghe nāma ahmi; faspāo nāma ahmi; nispāo nāma ahmi; dahke nāma ahmi, zinke nāma ahmi, vidake nāma ahmi; vindikharene nāma ahmi.

(7) Aurvo nāme ahmi, aurvo-temc nāma ahmi, takhmo nāma ahmi, takhmo-temo nāma ahmi, darezro nāma ahmi, darezishto nāma ahmi, aoji nāma ahmi, aojishto nāma ahmi, hu-pairitāo nāma ahmihu-pairispāo nāma ahmi, hathravana nāma ahmi, āiniva nāma ahmi, vidaevc Kare nāma ahmi, kare-darese nāma ahmi.

(8) Taro - tbaesho nāma ahmi; tbaesho - taro nāma ahmi, ā - yaojo nāma ahmi, pa - yaojo nam ahmi, vivaoyo nāma ahmi saochahi nāma ahmi, buchahi nāma ahmi, bukhtish nāma ahmi, saidish nāma ahmi, geredo nāma ahmi, gredyokhdo nāma ahmi, geredikhivc nāma ahmi.

(9) Tizyarashte nāma ahmi, tizyarastish nāma ahmi, perethvarashte nāma ahmi, perethvarastish nāma ahmi, vaezyarshte nāma ahmi, vaezyarastish nāma ahmi, kharenāo nāma ahmi, aivi - kharenāo nāma ahmi.

(10) Vayo aspaeshu viraeshu, vispaeshu, vimana - kara, vispaeshu vidaevo - kara nitemaeshva gātushva hazangharo - temahvacha hām isemnem paidyāiti

(11) Vayush aurvo uskāt yāsto, dareziyāo khedro berezi - pādo perethu varo parethusraonish, anākhravid - doithre, yatha anyāoschit khshthrāt khshyamnāo hamo - khshathro khshyamnāo

(12) Vayo aurva yazamaide, Vayo takhma yazamaide, vaem - aurvanām aurvotemem yazamaide, vaem takhmem takhmotemem Yazamaide Vaem Zaranyo - Khaodem Yazamaide, Vaem Zaranyo - pusem Yazamaide, Vaem Zaranyo - minem Yazamaide, Vaem Zaranyo - vāshem Yazamaide, Vaem Zaranyo - Chakhrem Yazamaide, Vaem Zaranyo - Zaem Yazamaide, Vaem Zaranyo - Vastrem Yazamaide, Vaem Zaranyo - aothrem Yazamaide, Vaem Zaranyo - aivyāonghahanem yazamaide, vaem ashavanem yazamaide vaem uparo - kairim yazamaide, aetat - te vayo yazamaide, yat te asti spento - mainyom, Ashem vohu (10)

Yathā ahu vairyo (2) Yasnemcha Vahmemcha, aojascha zavarecha

āfrinami, rāmno khāstrahe, vayaosh
 uparo - kairyehe, tardhāto anyāish
 dāmān, aetat te vayo, yat te asti, Spento
 - mainyom, thvāshahe khadhātahe
 zarvānahe akarnahe Zarvānahe daegho-
 khadhātahe.

Ashem vohu (1)

Ahmāi raeshcha - Hazangharem
 Jasa me avanghahe mozd- Kerfe mozd.
 Ashem vohu (1)

NIRANG TO PURIFY MEN OR WOMEN

(This Nirang helps overcome obstacles which come in the way of spiritual development and is a must for those who desire progress of the soul. It should be recited daily after ones obligatory prayers).

Khshanaothra ahurahe mazdāo.
Ashem vohu (3)

Fravarāne mazdayasno Zarthusrish
vidaevo ahura-tkaesho (Recite the
prevailing geh) sraoshahe ashyehe,
takhmahe tanu-mānthrahe darshi - draosh
āhuiryehē, khshnaothra yasnāicha,
vahmaicha, khshnaothrāicha
frasastayecha yathā ahu vairyō zaotā
frā me mrute, athā ratush ashāt chit

hachā, frā ashava vidhvāo mraotu.
 Sraoshim ashim huraodhem
 verethrājanem frādat gaethem
 ashvanem ashahē ratum yazamaidde.
 Ahunem vairim tanum pāiti, ahunem
 vairim tanum pāiti ahunim vairim
 tanum pāiti yathāahuvairyo
 (1) (*Recite kem nā mazdā*)

Āairyēmā ishyo rafedharāi, jantū
 nērebayaschā nāiribyaschā;
 Zarathushtrahē, vanghēush rafedhrāi
 managhō, yā daenā vairim hanāt mizdem;
 ashahyā yāsā ashim, yām ishyām ahuro
 masatā mazdāo.

Airyamanem ishim yazamaide
 Amavantem verethrājanēm,
 Vitbaeshanghēm, mazištem ashahē
 Sravanghām.

Gāthāo Spentāo ratukshathrāo
 ashaonish yazamaidē. Staōta yasnya
 yazamaide yā dātā angheūsh
 paouruyēhyā.

Yenghē hātām āat yēsne paiti
 vangho, mazdāo ahūrō vaethā ashāt
 hacha, yāonghāmcha taschā taōsha
 yazamaidē.

(Recite 7 times)

Ashem Vohu (1)

Yatha ahu vairyō (2) yasnemcha
 vahmemcha aojascha zavarecha āfrināmi
 sraoshahe ashyahe takhmhee tanu
 mānthrahe darshi draosh ahuiryahe
 Ashem vohu (1)

Ahmāi raeshcha - Hazangarem

Jasa me avanghe Mozd - kerfe mozd

Ashem vohu (1).

Nirang to bring harmony between Husband and wife.

(This nirang brings about reconciliation between husband and wife when there is separation due to inexplicable reasons. If either this or the following Nirang is prayed regularly, than there are no chances of separation of husband and wife)

Khshnaothra Ahurahe mazdāo

Ashem vohu (3)

Fravarāne mazdayasno
zarathushtrish, vidaevo ahura - takaesho
(Recite the prevailing geh) ashahe
vahishtahe, shraeshtahe, airyamano
ishyehe surahe - mazdadātahe saokyao
vanghuyāo vouru - doithrayāo mazda
dātyāo, ashaonyāo khshnaothra
yasnāicha, vahmāicha, khshnaothrāicha

frasastayaecha. Yathā ahu vairyo zaotā
frā me mrute, athā ratush, ashāchit
hacha, frā ashava vidvāo mraotu.

Ashem Vahishtem sraeshtem
ameshem spentem yazamaide,
airyamanem ishim yazamaide surem
mazda - dātem yazamaide, saokām
vanguhim vouru - doithrām mazda -
dātām ashaonim yazamaide.

Nām -i- yazad nām -i- niv khureh-i
fredun, fredun āthavyān - in tāvid nāirik
(Here to take the name of wife)

"Taechit mā morenden jyotum yoi
dregvato mazibish chikoiteresh.

Angheusihcha anghvascha apayeiti
raekhenangho vaedem, yoi vahishtāt
ashaono Mazdā rāreshyān Manangho.

Tan̄-drost bād ! Aaedun bād !

hu - zaheshna bad ! hu - nishān bad.

khub bād aedun bād.

Yathā ahu vairyo (4)

Ashem vohu (3)

Yathā ahu vairyo (2)

Yasnemcha vahmemcha aojascha
zavarecha āfrinami, ashahe vahishtahe
sraeshtahe, airyamno ishyehe surahe
mazda-dhātahe saokyāo vanghuyāo
vouru - doithryāo mazdadātyāo ashonyao
ashem vohu (1)

Ahmāi raescha - Hazangharem

Jasa me avanghe mozd - kerfe mozd

Ashem vohu (1)

NIRANG TO CONTINUE HARMONY BETWEEN HUSBAND AND WIFE.

Khshnaothra Ahurahe mazdāo
Ashem vohu (3)

Fravarāne mazdayasno
zarathushtrish, vidaevo ahuratkaesho
(Recite the prevailing geh)

Spentayāo vanghuyāo ārmatoish,
rātyāo vanghuyāo vouru - doithrayāo
mazdadhātyāo, ashonyāo, khshnaothra
yasnāicha vahmāicha khshnaothrāicha,
frasastayaecha, yathā ahu vairyo zaotā
frā me mrute, athā ratush ashāt chit,
hacha fra ashava vidvāo mraotu.

Spentām, vanghuhim ārmaitim,
yazamaide, ratām vanghuhim
vourudoithrām mazdadhatām ashaonim
yazamaide.

Nām - i - yazad, nām - i - niv khurehi
 fredun, fredun āthavyān, in tavid - nāirik
(here to take the name of wife) sud
 mānashna, sud hu meher bād shuhar
 bād !

Pa jor va niru - i - khureh - i - Fredun,
 Fredun Āthavyān, pa hamā chashmich
 bastihom, pa zor va niru - khureh - i -
 Fredun, Fredun Āthavyān, Pa jor akhtarān
 va avākhtarān !

Tandarost bād, sud mānashn sud-
 hu meher bād ! aedun bād ! hu zaheshn
 bād ! hu - nishān bād ! aedun bād !
 khub bād ! aedun bād !

Ashem vohu (4)

Yathā ahu vairyo (2)

Yathā ahu vairyo 2. Yasnemcha
 Vahmemcha, aozascha zavarecha
 āfrināmi Spentayāo Vanghuyāo
 ārmotoish, rātayāo vanghuyāo vouru -
 doithrayāo mazda - dātyāo ashaonyāo

Ashem vohu (1)

Ahmāi raeshcha - Hazangharem

Jas me avanghe mozd - Kerfe mozd

Ashem vohu (1).

NIRANG TO WARD OFF PROBLEMS RELATED TO EYE - SIGHT.

Khshanaothra Ahurahe mazdao
Ashem vohu (3)

Fravarāne mazdayasno
Zarathushtrish vi-daevo ahura-tkaesho
(Recite the prevailing geh)

Tishtreyehe stāro raevato
khvarenanguhato, Satavaesahe frāpahe
surahe Mazdadhātahe, stārām afsh -
chithranām zemaschithranām urvaro -
chithranām Mazdadhātanām, vananto
stāro Mazdadhātahe, ave stāro yoi
Haptoiring Mazdadhāta
khvarenanguhanta baeshazya.

khshnaothra yasnāicha vahmāicha
khshnothrāicha frasastayaecha yathā ahu
vairyo zaota frā me mrute, athā ratush
ashāt chit hacha frā ashava vidvāo
mraotu.

Tishtrim stārem raevantem
 khvarenanguhantem yazamaide,
 satavaesem frāpem surem mazdadhātem
 yazamaide, vispe stāro afshchithra
 yazamaide, vispe stāro zemaschithra
 yazamaide, vispe stāro urvaro - chithra
 yazamaide. vanantem stārem
 Mazdadhātem yazamaide ave streush
 yazamaide yoi hapta Haptoiringa
 Mazdadhāta khvarenanguhanta
 baeshazyā, paitishtātee yāthwām
 pairikanāmcha

Nāme yazad, nāme niv khureh -i-
 Faridun, Faridun āthavyān, khurshed
 aurvad aspa zabāyem, havare khshaetem
 ameshem raem aurvat aspem yazamaide.
 Tishtrim dravo - chashmanem yazamaide.
(to take the Name) (Recite 7 times)

Pa zor, niru -i khureh -i Fridun, Fridun
 āthavyan pa zar akhtarān va avakhtarān,

tandarost bād, aedun bād, hu - zaheshna
 bād hu-nishān bād ! khub bad! aedun
 bād ! Ashem vohu (3).

Yathā ahu variyo (2)

Yasnemcha vahmemcha aozascha
 zavarecha, āfrināmi, tishtrahe stāro
 raevato kharenanguhato, satvaesahe,
 frāpahe surahe mazdadhātahe stārām
 afsha - chithranām, zemas - chithranām,
 urvaro - chithranām, mazdadhātanām,
 vananto stāro mazdadhātahe, ave
 stāro yoi haptoiring mazdadāt,
 kharenanghuhant baeshazya.

Ashem vohu (1)

Ahmai raescha - Hazangarem

Jasa me avanghe mozd - Kerfe mozd

Ashem vohu (1).

NIRANG TO FULFILL ONES NEEDS AND DESIRES.

Khshanaothra ahurahe mazdāo
Ashem vohu (3)

Fravarāne mazdayasno Zarthusrish,
vidaevo ahura tkaesho (*Recite the
prevailing geh*) ashahe vahishtahe
sraeshtahe, airyamano ishyehe surahe
mazdadhatahe, saokyāo vanguyāo vouru
- doithryāo mazda - dhātyāo ashaonyāo,
khshnaothra yasnāicha vahmāicha,
khshnaothrāicha frasastiayaecha, yathā
ahu vairyō zaotā frā me mrute, athā
ratush, ashāchit hacha, frā ashava vidvāo
mraotu.

Ashem vahishtem sraeshtem
ameshem spentem yazamaide,
airyamanem ishim yazamaide, surem
mazdadhātem yazamaide, saokām

vanghuhim vouru doithrām mazdadhātām
ashaonim yazamaide.

☞ Akhyāchā khaetush yāsat ahyā
verezenem mat airyamnā. Ahyā daevā
mahmi manoi. Ahurahyā urvāzemā
Mazdāo thwoi dutāongho āonghāmā
teng dārayo yoi vāo daibishenti.
Ashem vohu (3) (*Recite 7 times*)

Yathā ahu vairyo (2) Yasnemcha
vahmemcha, aojascha zavarecha āfrinami
ashahe vahishtahe sraeshtahe, airyamano
ishyehe surahe mazda-dhātahe saokyāo,
vanghuyāo vouru doithrayāo
mazdadhātyāo ashaonyāo

Ashem vohu (1)

Ahmāi raescha - Hazangarem
Jasa me avanghahe; Kerfe mozd
Ashem vohu (1)

NIRANG TO KEEP OFF SICKNESS

Kshnaothra ahurahe mazdāo,
Ashem vohu (3)

Fravarāne mazdayasno
zarathushtrish vidaevo ahura tkaesho
(*Recite the prevailing geh*) Ashahe
vahishtahe sraeshtahe, airyamano ishyehe
surahe mazda dhātahe, sokyāo
vanghuyāo vouru - doithrayāo
mazdadhātyāo ashaonyāo, khshnaothra
yasnāicha vahmāicha, khsnaothrāicha
frasastayaecha. Yathā ahu vairyo zaota
frā me mrute athā ratush ashāchit hacha,
frā ashava vidvāo mraotu. Ashem
vahisstem sraesstem ameshem spentem
yazamaide, airyamanem ishim yazamaide,
surem mazdadhātem yazamaide, sokām
vanguhim vouru - doithrām mazdadhātām
ashaonim yazamaide.

☞ Yāt yushchā framimathā yā
 mashyā achishtā danto Vakhshente daevo
 - zushtā vangheush sizdyamnā
 manangho, Mazdāo Ahurahya khrateush
 nasyanto ashāatcha. ☞ *(Recite 7 times)*

Yathā ahu vairyō (2) Yasnemcha
 vahmemcha aozascha zavarecha
 āfrināmi, ashahe vahishtahe
 sraeshtahe, airyamano ishyahe
 surahe mazdadhātahe, saokyāo
 vanghuyāo vouru - doithrayāo
 mazdadhātyāo ashaonyāo
 Ashem vohu (1)

Ahmāi raescha - Hazangarem

Jasa me avanghe mozd - Kerfe mozd

Ashem vohu (1).

NIRANG TO WARD OFF HEAD-ACHE.

khshnaothra ahurahe mazdāo
Ashem vohu (3)

Fravarāne mazdayasno
zarathushtrish, vidaevo ahura tkaesho
(Recite the prevailing geh) ashahe
vahishtahe sraeshtahe, airyamano
ishyehe, surahe mazdadhātahe, saokyāo
vanghuyāo vouru - doithrayāo
mazdadhātayā, ashaonyāo,
khshnaothra yasnāicha vahmāicha,
khshnaothrāicha frasastayaecha yathā
ahu vairyo zaotā frā me mrute athā ratush,
ashāchit hacha, frā ashava vidvāo
mraotu.

Ashem vahishtem sraeshtem
Ameshem spentem Yazamaide,
airyamanem ishim yazamaide, surem

mazdadhātem yazamaide, saokām
 vanghuhim vouru - doithrām
 mazdādhātām ashaonim yazamaide.

mā paiti - ish im kasishta rakhsām
 ish kasān hacha bantāi - ish bakhshāni
 hacha,

ba - nāme yazad - ba - nāme nek
 fredun āthavyān.

Yathā ahu vairyo (2) Yasnemcha
 vahmemcha aojascha zavarecha āfrināmi
 ashahe vahishtahe sraeshtahe, airyamano
 ishyehe surahe - mazda - dhātahe,
 saokyāo vanghuyāo vouru - doithrayāo
 mazda - dhātyāo ashaonyāo
 Ashem vohu (1)

Ahmāi raescha - Hazangarem
 Jasa me avanghe mozd- Kerfe mozd
 Ashem vohu (1).

NIRANG TO PURIFY THE HOUSE

Khshnaothra ahurahe mazdāo
Ashem vohu (3)

Fravarāne mazdayasno zarthushtish
vidaevo ahura tkaesho (*Recite the
prevailing geh*) Sraoshahe ashyehe,
takhmahe tanu māntrahē darshi draosh
āhuiryēhe, khshnaothra yasnāicha
Vahmāicha, khshnaothrāicha
frasastayaecha, yathā ahu vairyo zaotā
frā me mrute, athā ratush ashātchit hacha,
frā ashava vidvāo mraotu.

Ahunem vairim tanum pāiti, ahunem
vairim tanum pāiti, ahunem vairim tanum
pāiti Yathā Ahu Vairyo (1)

(*Kem nā mazdā astavaitish,
ashahe*)

At mā yavā bendvo pafre, mazishto,
 ye dush - erethrish chikhshanushā ashā
 Mazdā vanguhi ādā gaidi moi ā - moi
 arapā ahyā vohu aoshō vidā mananghā.

Ashem vohu (10)

☞ Nemaschā yā ārmaitish izāchā
 (3 times)☞

yathā ahu vairyō (2) Yasnemacha
 vahmemcha aojascha, zavarecha
 āfrināmi, sraoshahe ashyehe takhmahe
 tanu mānthrahe darshi draosh ahuiryehe
 Ashem vohu (1)

Ahmāiraeshcha - Hazangarem

Jasa me Avanghe mozd - Kerfe mozd.

Ashem vohu (1)

NIRANG TO PURIFY ONE'S THOUGHTS

Khshnaothra Ahurahe mazdāo
Ashem vohu (3)

Fravarāne mazdayasno
zarathushtrish vidaevo ahura - tkaesho
(*Recite prevailing geh*) mithrahe vouru
- gaoyaoitoish hazangara - gaoshahe,
baevare - chashmano, aokhto nāmno
yazatahe, rāmnascha khāstrahe,
khshnaothra yasnāicha, vahmāicha,
khshnaothrāicha, frasastayaecha yathā
ahu vairyo zaotā frā me mrute athā ratush,
ashāitchit hacha frā ashava vidvāo
mraotu.

mithrem vouru gaoyaoitim hazanghara
gao shem baevare - chashmanem aokhto
- nāmnam yazatem yazamaide, rāma
khāstrem yazamaide.

dazdi ahmākem tat āyptem, yase thvā
 yāsāmahi sura, urvaiti dātanām
 sravanghām, ishtim, amem
 verethraghnemcha, havanghum
 ashavastremcha, haosravanghem,
 hurunimcha, mastim, spāno vaidimcha
 verethraghanemcha ahuradātem,
 vanaintimcha uparātātem, yām ashahe
 vahishtahe, paiti - parashtimcha
 mānthrahe - spentahe.

Yatha - vaem humanangho,
 framanangascha, urvājemna haoma -
 nanghahmna, vanām vispe hamerethe
 yatha vaem humanangho,
 framananghascha, urvāzemna, hao
 mananghmna vanām vispe dush -
 mainyush, yatha vaem, humanangho,
 framananghascha urvāzemna
 haomananghamna, vanām vispāo

tbaeshāo - taurvayām daevanām
 mashyanāmcha, yāthvām pairiknāmcha
 sāthrām kaoyām karfanāmcha.

Yathā ahu vairyo (2) Yasnemcha
 vahmemcha, aojascha zavarecha
 āfrināmi, mithrahe vouru gaoyaoitish,
 hazangara - gaoshahe baevare -
 chashmano aokhto nāmano yazatahe,
 rāmnascha khāstrahe ashem vohu (1)

Ahmai raeshcha - Hazangarem

Jasa me avanghe mozd - kerfe mozd.

Ashem vohu (1)

NIRANG TO BREAK THE POWERS OF MAGIC OF ANY KIND.

(This Nirang is taken from Ahunavad gatha Hā 32. It is a powerful Nirang and acts as a powerful ammunition to break the power of evil. It is successful over all types of magic).

Khshnaothra Ahurahe mazdāo

Ashem vohu (3)

Fravarāne mazdayasno zarthushtish, vidaevo ahuratkaesho, *(Recite the prevailing geh)* ashahe vahishtahe sraeshtahe, airyamano ishyehe surahe mazdadhātahe, saokyāo vanghuyāo vouru - doithrayāo mazda - dhātyāo ashaonyāo, khshnaothra yasnāicha vahmāicha, khshnaothrāicha, frasastayaecha - yathā ahu vairyo zaotā frā me mrute, athā ratush ashāchit hacha frā - ashava vidhvāo mraotu.

ashem vahishtem sraeshtem
 ameshem spentem yazamaide,
 airyamanem ishim yazamaide, surem
 mazda - dhātem yazamaide, saokām
 vanghuhim - vouru - doithrām mazda -
 dātām ashaonim yazamaide

1. Yaska apa - dvarata, maharka apa
 - dvarata, daeva apa - dvarata, paityār
 apa - dvarata mashyo - sāsta apa -
 dvarata, azichithra apa - dvarata, vehrko
 - chithra apa dvarata. bizangro-chithra
 apa dvarata taro - mata apa - dvarata,
 pairimata apa dvarata, tafnu apa - dvarata,
 spazga apa - dvarata, anākhshta apa -
 dvarata, duz - doithra apa - dvarata,
 draogho - vāksh, draojishta apa - dvarata,
 jahi yātumaiti apa - dvarata, jahi - kakhera
 - daine apa - dvarata vāto - paorvo -
 apākhtar apa - dvarata, vāto - paorvo -

apākhtar apa - nasyata.

Ashem vohu (3)

2. Akhyāchā khaetush yāsāt,
 ahyā verezenem mat
 airyamnā,
 Ahyā daevā, mahmi manoi
 ahurahyā urvāzemā Mazdāo:
 Thwoi dutāongho āonghāmā,
 teng dārayo yoi vāo
 daibishenti.

3. Aeibyō Mazdāo Ahuro,
 sāremno vohu managhā,
 Khshathrāt hachā piti-mraot,
 ashā hush- hakhā khenvātā,
 Spentām ve ārmaitim
 vanguhim varemaidī, hā ne anghat.

4. At yush daevā vispāongho,
 akāt manangho stā chithrem,
 Yaschā vāo mash yazaite,

drujaschā pairi matoishchā
 Shyaomām aipi daibitānā,
 yāish asrudum bumyāo
 haptaithe.

5. Yāt yushchā framimathā, yā
 mashyā achishtā danto,
 Vakhshente daevo-zushtā,
 vangheush
 sizdyamnā manangho,
 Mazdao Ahurahyā, khrateush
 nasyanto ashāatchā.
6. Tā debenaotā mashim,
 hujyātoish ameretāschā,
 Hyat vāo akā mananghā,
 yeng daeveng akaschā
 mainyush, akā shyaothneng -
 vachanghā yā frachinās
 dregvantem khshayo,

7. Paouru aenāo enākhshtā, yāish
 srāvayeite yezi tāish athā,
 Hātā marāne Ahurā, vahishtā
 voistā mananghā,
 Thwahmi ve Mazdā khshathroi,
 ashāichā sengho vidām.
8. Aeshām aenanghām, naechit
 vidvāo aojoi hādroyā
 Yā joyā senghaite, yāish
 srāvi khaenā ayanghā
 Yaeshām tu Ahurā irikhtem,
 Mazdā vaedishto ahi.
9. Aeshām aenanghām,
 Vivangusho srāvi Yimaschit,
 Ye mashyeng chikhshnusho,
 ahmākeng
 gāush bagā khāremno,
 Aeshāmchit ā ahmi, thwahmi
 Mazdā vichithoi aipi.

10. Dushsastish sravāo morendat, hvo
 jyāteush senghānāish khratum,
 Apo mā ishtim apayantā,
 berekhdhām
 hāitim vangheush manangho,
 Tā ukhdhā manyeush mahyā,
 Mazdā
 ashāichā yushmaibyā gereze.
11. Hvo mānā sravāo morendat,
 ye achishtem vaenanghe
 aogedā,
 Gām ashibyā hvarechā, yaschā
 dātheng dregvato dadāt,
 Yaschā vāstrā vivāpat, yaschā
 vadare voizdat ashāune.
12. Taechit mā morenden jyotum,
 yoi dregvato mazibish
 chikoiteresh,
 Anguhishchā anghvaschā,
 apayeiti raekhenangho vaedem,

Yoi vahishtat ashāuno,
Mazdā rāreshyān manangho.

13. Yā rāonghayen sravanghā,
vahishtāt shyaothnāt maretāno,
Aeibyō Mazdāo akā mraot, yoi
geush morenden urvākshsh
ukhti jyotum,
Yāish gerehmā ashāt varatā,
karapā khshathremchā ishanām
drujem.
14. Yā khshathrā gerehmo hishāsāt,
achishtahyā demāne manangho,
Angheush marekhtāro ahyā,
yaechā Mazdā jigerezat kāme,
Thwahyā māthrāno dutim, ye ish
pāt daresāt ashahyā.
15. Ahyā gerehmo ā hoithoi, ni
kāvayaschit khratush ni dadat,

Varechāo hichā fraidivā, hyat
 visentā dregvanthem avo,
 Hyatchā gāush jaidyāi mraoi,
 ye duraoshem saochayat avo.

16. Anāish ā vi-nenāsā, yā
 karapotāoschā kevitāoscha,
 Avāish aibi yeng dainti,
 noit jyāteush khshayamneng
 vaso,
 Toi ābyā bairyāonte,
 vangheush ā demāne
 manangho.

17. Hamem tat vahishtāchit, ye
 ushuruye syaschit dahmahyā
 Khshayāns Mazdā Ahurā, yehyā
 mā
 āithishchit dvaethā,
 Hyat aenanghe dregvato,
 e-eānu ishyeng anghayā.

18. ☞ Ahyā yāsā nemanghā,
 ustānazasto rafedhrahya,
 Mainyeush Mazdā ! paourvim,
 spentahyā ashā vispeng
 shyaothnā,
 Vangheush khratum manangho, yā
 khshnevishā geushchā
 urvānem. ☞
(pray twice)

Yathā Ahu Vairyo(4), Ashem Vohu(3).
(to be recited in full)
 Khaetumaithyem hāitim yazamaide.
 Yenghe hātām āat yesne paiti
 vangho,
 Mazdāo Ahuro vaethā ashāt
 hachā,
 Yāonghāmchā tāsčā tāoschā
 yazamaide.

Yat̥ha ahu vairyo (2) Yasnemcha,
 vahimemcha, aojascha zavarecha āfrināmi
 ashahe vashishtahe, sraeshtahe,
 airyamano ishyehe surahe mazda -
 dhatahe saokyāo, vanghuyāo, vouru -
 doithrayāo, mazda - dhātyāo ashaonyāo
 Ashem vohu (1)

Ahmai raeshcha Hazangarem
 Jasa me avanghe mozd - kerfe mozd
 Ashem vohu (1)

NIRANG TO PRAY FOR GOOD BLESSINGS.

(The regular chanting of this Nirang along with corresponding beneficial thoughts is equivalent to giving crores of Rupees in charity. This Nirang has the power to destroy the evil in nature. It will help spread happiness, peace and prosperity in the world. One who desires to help humanity should chant this Nirang, preferably in a serene natural atmosphere near the mountains or seas for maximum benefit)

Khshnaothra ahurahe mazdāo
Ashem vohu (3)

Fravarāne mazdayasno
zarathushtrish, vīdaevo ahuratkaesho
(recite the prevailing geh) dahmayāo
vanghuyāo āfritoish, dahmahecha narsh

- ashaono, ughrahecha takhmahe
 dāmoish, upa - manahe, yazatahe
 Khshnaothra yasnāicha
 vahmāicha, khshnaothrāicha,
 frasastayaecha, yathā ahu vairyo zaotā
 frā me mrute atha ratush, ashātchit hacha,
 frā ashva vidhvao mraotu

dahmām vanguhim, āfritim
 yazamaide, dahmemcha narem
 ashavanem yazamaide, ughremcha,
 takhmem dāmoish upamanem yazatem
 yazamaide.

At hvō vanghēush vahyo nā
 aibi jamyāt, yē nāo erezūsh
 savanghō pathō sishōit ahyā
 anghēush astvatō managhaschā

haithyēng ā-stish yēng ā
 shaēti Ahurō, aredrō thwavas
 huzēntush spentō Mazdā.

Tāo ahmi nmāne jamyāresh, yāo
 ashaonām khshnūtascha, ashayascha,
 vyādaibishcha, paitizantayascha; us nū
 anghāi vise jamyāt ashemcha
 khshathremcha savascha, khvārenascha
 khvāthremcha. Dareghō-
 fratemathwemcha anghāo daēnayāo yat
 Ahurōish Zarathushtrōish. Asishta nū
 anghat hacha visat gāush buyāt asisitem
 ashem asisitem narsh ashaonō aojō,
 asishtō Ahuirish tkaēshō. Jamyān ithra
 ashaunām vanguhish surāo spentāo
 fravashayō, ashōish baēshaza

hachimanāo zem-frathangha dānu-drā-
 jangha, hvare-barezangha; ishtēe
 vanghanghām paitishtātēe ātaranām,
 frasha-vakhsyāi rayāmcha
 khvarenanghāmcha.

Vainit ahmi nmāne Saroshō asrushtim
 ākhshtish anākhshtim, rāitish arāitim,
 ārmaitish taromaitim, arshukhdhō vākshsh
 mithaokhtem vāchim, asha drujem. Yatha
 ahmya Ameshāo Spenta Sraoshādha
 ashyādha paitishān vanghūsh yasnāscha
 vahmascha, vohū yasnemcha
 vahmemcha, huberetimcha, ushta-
 beretimcha, vanta-beretimcha ādareghāt
 khvābairyāt. Mā yave imat nmānem
 khvāthravat khvareno frazahit; mā
 khvāthravaiti ishtish; mā khvāth-
 ravaiti āsna frazaintish; khvāthrō

disyehe paiti ashōishcha vanghuyāo
dareghem hakhma.

Ashem Vohu (1).

sevishto bavāhi yatha mazdāo
verethrajāo, yatha thraetaono, amāva
yatha jāmaspo, ash-varechāo yatha kava-
usa pouru - jiro yatha aoshnaro,
jenanghitem bavāhi yatha takhmo urupa.

8) kharenanghuhantem bavāhi yatha
yo yimo, khshaeto hvānthvo hazangara
yaokhshtyo bavāhi yatha azoish, dahākai
aghadaena ugrem aojishtem bavāhi yatha
keresāspem, hudhāonghem vyākhnem
bavāhi yatha - urvākhshe, srirem
keherpem anāstravnem, bavāhi yatha
kava syāvarshāno.

10) pouru - go bavāhi yatha āthavyānoish, pouru - aspem bavāhi yatha pourushaspem. ashava bavāhi yatha zarathushtro spitāmo, ranghām, duraepārām, bavahi yatha yo vifro navājo, urvatho bavāhi yazatanām yatha zaronem mashyanām.

11) Zyāonte hacha yo dasa- puthra. thrāyo bavāhi yatha athauruno, thrāyo bavāhi yatha rathaeshtārahe, thrāyo bavāhi yatha vāstrayehe fshuyanto aeva te bavāhi yatha vishtāspāi.

12) Aurvāt - aspem bavāhi yatha - hvare raochinvariantem bavāhi yatha - māonghem, saochinvariantem bavāhi yatha - ātarem, tizinvariantem bavāhi yatha - mithrem, huraodem verethrājanem bavāhi yatha sraoshem ashim.

13) Arsh - tkaeshem bavahi yatha rashnush, dush mainyu jayantem bavāhi yatha verethraghnem, ahuradātem - pouru - khāthrem bavāhi yatha - rāmno khāstrahe, ayaskem amahrkem bavāhi yatha kava husrava.

14) Pascha āfrinem aipi jasaiti vahisitem ahum ashaonām raochanghem vispo khāthrem.

atha jamyāt yatha āfrināmi (3 times)
Yathā ahu vairyo (1) Ashem vohu (1)

15) Ahunem vairim yazamaide, arshukhdem vāchem yazamaide, dahmām vanguhim āfritim yazamaide ugrem takhmem dāmoish upa - manem yazatem yazamaide frasasti dahmayāo vanguyāo āfritoish.

16) Yenghe hātām āat yesne paiti
 vangho, mazdāo ahuro vaethā ashāt
 hachā yaonghāmchā tānschā tāoschā
 yazamaide.

Yatha ahu vairyo (2) Yasnemcha
 vahmemcha aojascha zavarecha
 āfrinami, dahmayāo vanghuyāo
 āfritoish, dahmahecha narsh
 ashaono, ugrahacha takhmahe
 dāmoish upa manahe yazotahe.

Ashem vohu (1)

Ahmāi raescha - Hazangarem

Jasa me avanghe mozd - Kerfe mozd

Ashem vohu (1)

NIRANG TO WARD OFF FEVER RELATED TO HEAT AND COLD.

Khshanaothra ahurahe mazdāo
Ashem vohu (3)

Fravarāne mazdayasno
zarathushtrish, vidaevo ahura - tkaesho,
(Recite the prevailing geh) ashahe
vahishtahe sraeshtahe, airyamano
ishyehe, surahe - mazda dhātahe saokyāo
vanghuyāo vouru - doithrayāo
mazdadhātyāo ashaonyāo khshnaothra
yasnāicha, vahmāicha, khshnaothrāicha,
frastayaecha, yathā ahu vairyo zaotā
frā me mrute, athā ratush ashāt chit hacha
frā ashava vidvāo mraotu.

ashem vahishtem sraeshtem
ameshem spentem yazamaide,

airyamanem ishim yazamaide, surem -
 mazdadhātem yazamaide, saokām
 vanguhim vouru - doithrām mazda-
 dhātām ashaonim yazamaide.

☞ Nizbayemiahuro mazdāo ashva
 dāma - dātem.

Ni - Zabyemi mithrem vouru -
 g a y a o o i t i m h u z a e n e m
 kharenangastemem - zaynām
 verethravastemem zaynām.

ni - zbayemi sraoshem ashim
 huraodhem snaithish zastayo drazimnem
 kamereda paiti daevanām. Yatha Ahu
 Vairyo (1) ☞

(Recite 7 times)

Ashem vohu (3)

Yathā ahu vairyo (2) Yasnemcha
 vahmemcha aojascha zavarecha āfrinami,
 ashahe, vahishtahe sraeshtahe,
 airyamano ishyehe surahe
 mazdadhātahe, saokayāo vanguyao
 vouru - doithrayāo mazda - dhātyāo
 ashaonyāo ashem (1)

Ahmāi raescha - Hazangarem

Jasa me avanghe mozd - Kerfe mozd

Ashem vohu (1).

NIRANG TO WARD OFF FRIGHT FOR ONES LIFE.

Khashnaothra ahurahe mazdāo
Ashem vohu (1)

Fravarāne mazdayasno
zarathushtrish, vidaevo ahuratkaesho,
(*Recite the prevailing geh*) ashahe
vahishtahe sraeshtahe, airyamano ishyehe
surahe mazdadhatahe saokyāo
vanghuyao vauru - doithryāo mazda -
dhātyāo ashaonyāo, khshnaothra
yasnāicha vahmāicha khshnaothrāicha
frasastayaecha yathā ahu vairyo zaotā
frā me mrute, athā ratush ashāchit hacha
frā ashava vidvāo mraotu

ashem vahishtem sraeshtem
ameshem spentem yazamaide,
airyamanem ishim yazamaide, surem

mazdadhātem yazamaide, saokām
 vanguhim vouru-doithrām mazdadhātām
 ashaonim yazamaide.

Yathā ahu vairyo (2)

☞ Hushiti rāmoshiti daregho shiti ite
 vise āfrināmi yahmāt hacha imāo
 zaotrāo .

hushiti, rāmoshiti daregho-shiti
 vispaya vise mazdayasne āfrināmi

hu bereti ushta bereti vanta bereti
 ātarsh āfrināmi

hu-yeshti tava ahurāne ahurahe
 āfrinami.

Rām khāstrem anghāo dangehush
 āfrinami

dasware baeshajem āfrinami,
 yushmākem dahmanām narām
 ashaonām vispe āfrinami, ke asti vohu
 ashava antare zām asmanemcha.

hazangarem baeshazanām

baevare baeshazanām

Ashem vohu (1) ☞

(☞ *Recite 3, 6, 9, 11 or 21 times*)

yathā ahu vairyo (2) yasnemcha
 vahmemcha, aojascha zavarecha āfrinami
 ashahe vahishtahe sraeshtahe, airyamano
 ishyehe surahe mazdadhātāhe, saokyāo,
 vanguyāo vouru-doithrayāo
 mazdadhātyāo ashaonyāo ashem (1)

Ahmāi raescha Hazangarem

Jasa me avangahe mazd Kerfe mozd

Ashem vohu (1)

NIRANG TO WARD OFF FRIGHT OF THIEVES AND ROBBERS

Khshnaothrao ahurahe mazdao
Ashem vohu (3)

Fravarāne mazdayasno zarthu shtrish
vidaevo ahuratkesho (*Recite the pre-
vailing geh*) ahurahe mazdāo raevato
kharenanghto, ameshanām spentanām,
amahe hutāshtahe, huraodhhe,
verethaghnahe, ahurādhātahe
vanaintyāoscha upartāto, khshnaothra
yasnāicha, vahmāicha, khshnaothrāicha
frasastayaecha, yathā ahu vairyo zaotā
frāme mrute, athā ratush, ashāchit hacha
frā ashava vidhvāo mraotu.

Ahurem mazdām raevantem
kharenanghuhantem yazamaide ameshā

spentā hukhshathra hudhaongho
 yazamaide amem hutāshtem huraodem
 yazamaide verethragnem ahuradātem
 yazamaide vanaintimcha uparatātem
 yazamaide.

Yathā ahu vairyo (2)

☞ Hushiti rāmo-shiti daregho-shiti,
 ite vise āfrinami, yahmat hacha imāo
 zaothrāo.

Hushiti rāmo-shiti daregho-shiti
 vispaya vise mazdayasne āfrināmi.

Hu-bereti ushta-bereti vanta-bereti
 ātash āfrināmi

Dasvare baeshazem āfrināmi
 yushmākem dahmanām narām
 ashaonām vispe āfrināmi asti vohu

ashava antare zām asmenemcha.
 Hazangarem baeshazanām baevare
 baeshazanām ashem vohu (1) ☞

(Recite 3, 6, 9, 11 or 21 times)

Yathā ahu vairyo (2)

Yasnemcha vahmemcha aojascha
 zavarecha āfrināmi, ahurahe mazdāo
 raevato kharenanghuto, ameshanām
 spentanām amahe hutāshtahe
 huraodhahe, verethrāghnahe,
 ahuradātahe, vanaintyāoscha, uparatāto
 Ashem vohu (1)

Ahmāiraeshcha - Hazangarem

Jasa meavanghe mozd - Kerfemozd

Ashem vohu (1)

DOĀ TANDAROSTI

Banāme khudā banāme yazade
 bakshāyandehe, bakhshāyashgare,
 meher-bān Yathā ahu vairyo (2)

Tan-darosti der-zivashni āvāyad
 ktoreh angad ashahidār, yazdāne minoān
 yēzdāne getiān haft Ameshāspandān,
 mazda roshan hame berasad, In doāyā
 bād in khoāhā bād, hame andar kasānra.
 Zarthushti din shād bād, aedun bād.
 Yā bāri khodā, khodāvande ālamra,
 hame anjumanra, shāh varzāvand rā,
 Dastur Peshotan rā Paygambar Hoshedar
 rā, Kyani Kaekhashru Pādshāh ra, Dine
 Zarthost ra, *(here take the name of a
 person in whose behest the tandarosti
 is recited)* Bā farzandān, hazār sāl der

bedār, shād bedār, tan-darost bedār,
 aedun bedār, bar sare arzānia, sālkhāe
 besyār, va karanhāe bishumār, bāki
 va pāyandeh dār hazārān hazār ātrin
 bād, sāl khozasteh bad, roz farrokh bād
 māh mubāarak bād, chand sāl chand
 roz, chand māh besyār sāl arzāni dār
 yazashne va niāeshne, va radi va zor
 barashne, Ashahidār avare hamā kārō
 kerfehā, tandarosti bād neki bād, khub
 bād aedun bād, aeduntaraz bād, va
 yazdān va Ameshāspandān kāmē bād.

Ashem vohu (1)

DIN NO KALMO

Banāme yazad, bakhshāyandahe
 bakshāezgar, meherbān razishtayāo,
 chistayāo, mazdadhātyāo, ashaonyāo,
 daenyāo, vanghuyāo māzdayasnoish
 din behrāst, va darost, ke kodāe, bar
 khalk, ferastādeh in hast, ke zarthost,
 āvordeh hast, din dine zarathost, dine
 ahuramazd, dādeh zarthost, spitamān.

Ashem vohu (1)

**AVESTA PRAYERS TO BE
RECITED WHILE OFFERING
INCENSE IN THE HOUSE**

Anosheh shān ba oye ravān rasād
ba oye beheshta roshan ba āsāyād
pedarān va mādarān, vā berādarān
va khāharān va khudān va khishān
hamdināne man ke bed, and va ke
vadordeh and hamā shān behesht behreh
bād oshān geti behreh bād, oshān kār
va kerfeh geti behreh bād.

Hamā az manashne, va gavashne,
va kunashne, pa āne rāste frārun pa
rāhe vehān, pasande yazdān bād aedun
bād aedun tar bād Ashem vohu (1)

PRAYER TO BE RECITED AT NIGHT FOR GOOD BLESSINGS

Nām-i-yazad, nām-i-ahuramazda
 khudā avajuni yaj-i-yār yaj-i-gushdār
 kasna paityār, maher srosh yār, srosh
 gushdār kasna paityār ahurem mazdām,
 ahuramazda va ameshāspandān va
 meher sraosh, rashne nāmi yazad nām-
 i-ahuramazd khodae avazuni. [Ashem
 vohu (1)]

**SEEKING THE BOON AT THE TIME
OF RISING FROM BED IN THE
MORNING BEFORE SETTING
ONE'S FOOT ON THE GROUND.**

Ashem vohu (1)

Humata, Hukhta, Hvarshta, sepāsdār
hom, az to dādār ahur-mazda veh avajuni
patet hom az vanāh - avi gumān hom
az harvastin yazdān va din va ravān,
va behest va duzakh va hamār, pa sedosh
va budan-i-rastākhiz, tan-pasin va ava-
sahinashna-i-āhremān, divan, ahurahe
mazdāo raevato kharenanghuto
ameshanām spentanām, nemo
zarathushtrahe spitāmahe ashaono
fravashe. Ashem vohu (1)

NIRANG FOR WARDING OFF TROUBLE FROM THE BODY OR FROM THE HOUSE

Khshnaothra ahurahe mazdāo Ashem
vohu (3)

Fravarāne mazdayasno zarthushtrish,
vidaevo ahuratkaesho (recite the pre-
vailing geh) vananto stāro mazdadhātahe,
khshnaothra yasnāicha vahmāicha
khshnaothrāicha frasastayaecha, yathā
ahu vairyō zaotā frā-me mrute, athā
ratush ashātchit hacha frā ashava vidvāo
mraotu.

Vanantem stārem mazdadhātem
ashavanam ashahe ratum yazamaide

Bast hom dām dehan mushka kul
gurbeh ku pa khān vanāh na kunand.

Baeshaza vā frangān bād! nām-i-ahuramazd pa-nām-i-nive khureh Fredun, Fredun āthavyān.

Bast hom dām dehan mārān mār sardagān ku khān vanāh na kunand, baeshaza vāfrangān bād ! nām-i-ahuramazd pa nām-i-niv khureh Fredun Fredun āthavyān.

Bast hom dām dehan gorgān gorg saradagān nām cheshti nām gorg kul gurbeh ku pa khān vanāh na kunand baeshaza va frangānbād ! nām-i-ahuramazd pa nām-i-niv khureh Fredun, Fredun āthavyān Ashem vohu (1)

Yathā ahu vairyo (2)

Yasnemcha vahmemcha aojascha

zavarecha āfrināmi, vananto stāro
mazdadhātahe. Ashem vohu (1)

Ahmāi raeshcha - Hazangarem

Jasa me avanghe mozd - Kerfe mozd

Ashem vohu (1)

**NIRANG TO WARD OFF PROBLEMS
RELATED TO STOMACH AND TOOTH
TO WARD OFF POISON OF ANIMALS,
AND TO OVERCOME SPIRITUAL,
PHYSICAL, MENTAL, MORAL, AND
FINANCIAL DIFFICULTIES**

Khshnaothra ahurahe mazdāo
[Ashem vohu (3)]

Fravarāne mazdayasno
zarathushtrish vidaevo ahuratkaesho
(Recite the prevailing geh) ashahe
vahishtahe sraeshtahe, airyamano
ishyehe surahe mazdadhātahe, saokyāo
vanguyāo vouru doithrayāo
mazdadhātyāo, ashaonyāo, khshnaothra
yasnāicha vahmāicha, khshnaothrāicha,
frasastayaecha, yathā ahu vairyo zaotā
frā me mrute, athā ratush ashatchit hacha,
frā ashava vidvāo mraotu.

Ashem vahishtem sraeshtem
 ameshem spentem yazamaide,
 airyamanem ishim yazamaide, surem
 mazdadhāthem yazamaide, saokām
 vanghuhim vouru-doithrām
 mazdadhātām ashaonim yazamaide

☞ Airyamanem te ishim mazishtem
 mraomi, spitama, vispanām arezvo
 savanghām temji vispanām savanghām
 uparo-kairim fradathām im airyamanem
 ishim.

Tem arāonti saoshyanto ahe
 framarento spitama, khshaeni, havanām
 dāmanām, azem yo ahuro mazdāo
 anghro-mainyush naechish khshayata
 duzdāo zarathushtra, bāishdāmohu
 spitama zarathushtra, jemar-guzo bavat
 anghro-mainyush jemarguzo, bavāonte

daevāoscha, iristi paiti arāonti, vijvāohu
 paiti tanush astavao gayo dāryeiti. Yathā
 ahu vairyo (1) Ashem vohu (2) ☞

(Recite 3, 7 or 9 times)

Yathā ahu vairyo (2) yasnemcha
 vahmemcha, aojascha zavarecha
 āfrinami, ashahē vahishtahe sraeshtahe
 airyamano ishayehe surahe
 mazdadhātahe, saokyāo vanghuyāo
 vauru-doithrayāo mazdadhatāyāo
 ashaonyāo Ashem vohu (1)

Ahmāiraeshcha - Hazangarem

Jasa me avanghe mozd - Kerfe mozd

Ashem vohu (1)

**NIRANG TO DIMINISH THE POWER
OF DEV AND DRUJ (EVIL
ENTITIES) FROM BODY AND MIND.**

Khshnaothra ahurahe mazdāo
[Ashem vohu (3)] .

Fravarāne mazdayasno
zarathushtrish vidaevo ahura-tkaesho
(*recite the prevailing geh*)

Ashahe vahistahe sraeshtahe,
airyamano ishyehe surahe mazda
dhātahe, saokyāo vanghuyāo
vourudoithrayāo, mazdadhatyao
ashaonyao, khshanothra yasnāicha
vahmāicha khshnaothrāicha
frasastayaecha yathā ahu vairyō zaotā
frā me mrute, athā ratush ashāchit hacha
frā ashva vidvāo mraotu.

Ashem vahishtem sraeshtem
 ameshem spentem yazamaide,
 airyamanem ishim yazamaide surem
 mazdadhātem yazamaide. saokām
 vanghuhim vouru-doithrām
 mazdadhātām ashaonim yazamaide.

☞ Nāmi-i-yazad nam-i-niv khureh-
 i-Fredun Fredun Fredun Āthavyān, bast
 hom in anāi az ganāmino va devān va
 drujān va kikān va karpān va sāstārān
 va vanāhkārān va āshmogān va jāduān
 va friyān va avare paskhunashna i druj.

*(Recite the name of the self with
 either father's name or husband's name)*

Pa jor va niru-i khureh-i Fredun,
 Fredun āthavyan, pa hamā chashmich
 bast hom pa jor va niru-i khureh-i Fredun,

Fredun Āthavyān, pajor akhtarān
 avakhtarān ! Tandarost bād, aedun bād
 hu-jaheshne bad ! Hunishān bad ! aedun
 bād ! Ashem vohu (3) ♪ (Recite this
 nirang 3, 7 or 9 times)

Yalthā ahu vairyo (2)

yasnemcha, vahmemche, aojascha,
 zavarecha āfrināmi, ashahē vahistitahe
 sraeshtahe, airyamano ishyehe surahe
 mazdadhātahe, saokyāo vanghuyao
 voūru-doithrayāo mazda dhātyāo
 ashaonyāo āshem vohu (1)

Ahmai raescha - Hazangarem

Jasa me avanghe mozd - kerfe mozd

Ashem vohu (1)

NIRANG TO TIE ON THE NECK OF A CHILD OR TO PRAY WHILE CARESSING A CHILD FROM HEAD TO FOOT WHEN THE CHILD IS NOT KEEPING WELL DUE TO THE INFLUENCE OF BLACK MAGIC OR SUCH SIMILAR REASONS.

Yathā ahu vairyō (5)

Ashem vohu (3)

Fravarāne mazdayasno
 Zarathushtrish, vidaevo ahuratkaesho
(Recite the prevailing geh) thraetaonahe
 āthavyānoish ashaōno fravashee
 khshnaothra yasnāicha vahmāicha
 khshnaothrāicha frasastayaecha

Yathā ahuvairyō zaotā frāme mrute
 athā ratush ashāitchit hacha frā ashava
 vidhvāo mraotu

Thraetonem āthavyānem ashavanem
ashahe ratum yazamaide

☞ Gadva kuro kuro taurunahə karapok
raethvayanām bukhtamahi ☞

(Recite the line 5 times)

Nām-i-yazad, nam-i-niv khureh-i
Fredun Fredun āthavyān in tav avare
an-āsāni bastan hendvi paskhunashna-
i druz chashma zakhma khaeshān akha-
eshan. kikān karapān va darvandān
daevayasnān sāstārān vanāhkārān va
āshmogān va jāduān a friyān *(Recite
own name with father or husband)*
baeshazyāt ! baeshaza vāfringān bād
aedun bād !

Hazangarem baeshazanām

baevare baeshaznām (3 times)-

Ashem vohu (1) (7 times)

Yathā ahu vairyo (2) Yasnemcha
vahmemcha aojascha zavarecha afrināmi
thraetaonahe āthavyānoish ashaono
fravashee Ashem vohu (1)

Ahmāiraeshcha - Hazangarem

Jasme avanghe mozd - Kerfe mozd

Ashem vohu (1)

**NIRANG TO BE PRAYED WHILE
THINKING THOUGHTS OF GOOD
HEALTH AND CARESSING A CHILD
FROM HEAD TO FOOT WHEN THE
CHILD IS FEELING SICK OR
RESTLESS.**

Khshnaothra ahurahe mazdāo
[Ashem vohu (3)] Fravarāne mazdayasno
zarathushtrish vidaevo ahuratkaesho
(*Recite the prevailing geh*) ashahē
vahishtahe sraeshtahe airyamano
ishayehe surahe mazda-dhātahe,
saokyāo vanghuyāo vouru-doithrayāo
mazda-dhātayāo ashaonyāo,
khshnaothra yasnāicha, vahmāicha,
khshnaothrāicha frasastayaecha, yathā
ahu vāiryō zaota frā me mrute,
athāratush, ashātchit hacha frā ashava
vidvāo mraotu

Ashem vahishtem sraeshtem
ameshem spentem yazamaide,

airyamanem ishim yazamaide, surem
 mazdadhātem yazamaide, saokām
 vanghuhim vouru-doithrām
 mazdadhātām ashaonim yazamaide.

☞ nām-i-yazad, nām-i niv khurehi
 Fredun, Fredun āthavyān, in tav-i-sarda
 va tav-i garma, tav-i yak-roj, chahārum
 chahelum "ātare vi-tare" anā dregubyo
 "vi-mraot zarthushtro" (*Recite 7 times*)

Yathā ahu vairyo (2) Yasnemcha
 vahmemcha, aojascha zavarecha
 āfrināmi ashahe vahishtahe sraeshtahe,
 airyamano ishyehe surahe mazdadhātahe
 saokayāo vanghuyāo vauru
 doithrayāo mazdadhātayāo ashaonyāo
 Ashem vohu (1)

Ahmāi raeshcha - Hazangharem
 Jasa me avanghahe - Kerfe mozd
 Ashem Vohu (1)

**NIRANG TO BE PRAYED WHEN
AFFLICTED WITH FEVER
RECURRING EVERY FEW DAYS**

Khshnaothra ahurahe mazdaō
[Ashem vohu (3)]

Fravarāne mazdayasno zarthusrish
vidaevo ahura tkaesho (*Recite the pre-
vailing geh*) ashahē vahishtahe
sraeshtahe, airyamano ishyehe surahe
mazda-dhātahe, saokyāo vanghuyāo
vouru-doithrayāo mazdadhātyāo
ashaonyāo, khshnaothra yasnāicha
vahmāicha kshnaothraicha
frasastayaecha, yathā ahu vairyō zaota
frā me mrute, athā ratush, ashāchit
hacha frā ashava vidvāo mraotu.

Ashem vahishtem sraeshtem
 ameshem spentem yazamaide,
 airyamanem ishim yazamaide, surem
 mazdadhātem yazamaide saokām
 vanghuhim vouru-doithrām
 mazdadhātām ashaonim yazamaide

☞ nām-i-yazad nām-i niv khureh-
 Fredun, Fredun Āthavyān in tav sard,
 va tav garma, tav yak-roj, in do roj, in
 se roj, chahārum, chehelum "ātare vitare"
 anā dregubyo "vimraota zaratushtro"
(Recite 7 times)

☞ Nam-iyazad nām-i niv khureh-i
 Fredun, Fredun aāthavyān in tav avare
 anāi bast-i hendvi paskhunashna druj
 chashma zakhma khaeshān akhaeshān
 kikān karapān va darvandān

daevayasnān sāsārān vanāh kārān
 va āshmogān va jāduān va friān. (*Recite
 own name with father or husband*)
 baeshzyāt ! baeshazvāfringān bād aedun
 bād ! Ashem vohu (3) (*Recite 3 times*)

Yathā ahu vairyō (2) Yasnemcha
 vahmemcha aojascha zavarecha
 āfrināmi, ashahe vahishtahe sraeshtahe,
 airyamano ishyehe surahe
 mazdadhātahe, saokyāo, vanghuyāo
 vouru-doithrayāo mazdadhātyāo
 ashaonyāo. ashem vohu (1)

Ahmāi raeshcha - Hazangarem

Jasa me avanghe mozd - kerfe mozd

Ashem Vohu (1)

**NIRANG TO BE TIED ON THE LEFT
HAND OR PRAYED WHEN
SUFFERING FROM HEADACHE OR
WOUNDS.**

Khshanaoθra ahurahe mazdāo
Ashem vohu (3)

Fravarāne mazdayasno zartuštrish,
vidaevo ahuratkaesho (recite the prevailing
geh) amahe hutāshtahe huraodahe,
verethraghnahe ahuradhātahe,
vanaintyāoscha uparatāto, khshnaoθra
yasnāicha vahmāicha khshnaoθrāicha
frasastayaecha yathā ahu vairyo zaotā
frā me mrute, athā ratush ashātchit, hacha
frā ashava vidvāo mraotu.

amen hutāshtem huraodem
yazamaide, verethraghnem, ahurdātem
yazamaide, vanaintimcha upartātem
yazamaide.

Nām-i yazad nām-i-niv khureh Fredun
 Fredun Āthavyān hutāshtahe huraodahe
 verethraghnahe ahuradhātahe,
 vanaintyāoscha upartato tandarust bed
 aedun bād-hu-jaheshna bād ! hu-nishān
 bād ! khub bād ! aedun bād !
 [Ashem vohu]

Yathā ahu vairyo (2)

Yasnemcha vahmemcha aojascha
 zavarecha āfrinami, amahe hutāshtahe
 huraodahe, verethraghnahe, ahuradātahe
 vanaintyāoscha upartato Ashem vohu(1)

Ahmāi raeshcha - Hazangarem

Jasa me avanghahe mozd - Kerfe
 mozd.

Ashem (1)

**NIRANG TO BREAK THE POWER
OF BLACK MAGIC OR
VIBRATIONS OF OTHER
INVISIBLE AFFLICTIONS.**

Khshnaothra ahurahe mazdāo
[Ashem vohu (3)]

Fravarāne mazdayasno zarthushtrish
vidaevo ahuratkaesho (*recite the prevailing
geh*) sraoshahe ashyahe, takhmahe tanu
mānthrahe darshi darosh ahuiryahe,
khshanothra yasnāicha vahmāicha
khshnaothrāicha, frasastayaecha yathā
ahu vairyo zaotā frā me mrute, atha
ratush ashāitchit hacha frā ashava vidvāo
mraotu.

Sraoshem ashim huraodhem
verethrāzanem frādat gaethem
ashavanem ashahe ratum yazamaide

Yathā ahu vairyo (5) Ahunem vairim tanum
 pāiti ahunem vairim tanum pāiti ahunem
 vairim tanum pāiti Yatha ahu vairyo (1)

(Recite kem nā mazdā.)

Saredahe māongho ava-miryāite,
 mazdayasno dim āfrivanaebish ava-janem
 yo he aoshante moshuchā tu duzdāo
 āsuyācha avami rayaeshaete, drājām
 ā havo noit ji chish anghāo drujo nyāsāite.

doi estā theti snathahe aeiti hā
 drukhsh ash aosishta anghahat haenā
 ā thaiti zarathushtra stakhrahe mereto
 jaya āvatha stakhro yat hā drukhsh aeiti
 merejvi khyathrat anghahat moiros yat
 maharkvasho ava ava-miryāite “adā ji
 ava drujo evo bavaiti skendo
 spayathrahā.

☞ Nemaschā ārmaitish izacha ☞
(3 times)

Ashem vohu (3)

Yathā ahu vairyo (2)

Yasnemcha vahmemcha aojascha
zavarecha āfrinami sraoshahe ashyehe,
takhmahe tanu mānthrahe darshi draosh
āhuiRYahe ashem vohu (1)

Ahmāiraeshcha - Hazangarem

Jasa me avanghe mozd - Kerfe mozd.

Ashem vohu (1)

**NIRANG TO WARD OFF HEADACHE
WHICH AFFECTS ONE SIDE OF
THE HEAD.**

(To be recite only in the hāvan geh)

Kshnaothra ahurahe mazdāo [Ashem
vohu (3)]

Fravarāne mazdayasno
zarāthushtish, vidaevo ahuratkaesho
hāvane ashaone ashahe rathve,
yasnāicha vahmāicha, khshnaothraicha
frasastayaecha, sāvanghe visyāicha
ashaone ashahe rathve, yasnāicha
vahmāicha khshnaothrāicha,
frasastayaecha mithrahe vouru -
gaoyaoitoish hazangaro gaoshahe,
baevare chashmano aokhto nāmno
yazatahe rāmno khāstrahe, khshnaothra

yasnāicha vahmāicha khshnaothra,
 frasastayaecha. yatha ahu vairyo zaotā
 frā me mrute, athā ratush ashātchit hacha,
 frā ashava vidvāo mraotu.

Hāvanim ashavanem ashahe ratum
 yazamaide sāvanghem visimcha
 ashavanem ashahe ratum yazamaide
 mithrem vouru-gaoyaoitim hazanghara-
 gaoshem, baevare chashmanem, aokhto
 nāmanem yazatem yazamaide, rāma
 khāstrem yazamaide.

Narām ashaonām avāoscha
 rafnāoscha, baoshnāoscha, khitāoscha
 avoi fracha yaokhmaide saoshyantem
 verethraghnem keharpascha tevishischa
 yazamaide saoshyantem verethrājanem
 yazamaide astavato anghehush drivyāo
 drājo yazamaide.

Thvām ātarem ahurahe mazdāo
 puthrem, ashavanem ashahe ratum
 yazamaide hada zaothrem hada
 aivyāonghanem imat baresma ashaya
 frastaretem ashavanem ashahe ratum
 yazamaide apām naptārem yazamaide,
 nairim sanghem yazamaide takhmem
 dāmoish upamanem yazatem yazamaide.

Iristanām urvāno yazamaide yāo
 ashaonām fravashayo.

Ratum berezantem yazamaide yim
 ahurem mazdām, yo ashahe apanotemo
 yo ashahe jaghmushtemo, vispa sravāo
 zarthushtri yazamaide

Vispacha hvarshta shyaothna
 yazamaide varashtacha vareshyamnacha

Yenghe hātām āat yesne paiti
 vangho, mazdāo ahuro vaehtā ashāt
 hachā yāonghāmchā tānschā taoschā
 yazamaide.

Yathā ahu vairyo (2) Ashem vohu
 (3) Yathā ahu vairyo (1)

Yathā ahu vairyo (2) yasnemcha,
 vahmemcha aojascha zavarecha
 āfrināmi, mithrahe vouru gaoyaoitoish
 hazanghara gaoshahe, baevare
 chashmano, aokhtō nāmano yazatahe,
 rāmano khāstrahe Ashem vohu (1)

Ahmāi raeshcha Hazangharem

Jasa me avanghe mozd - Kerfe mozd

Ashem vohu (1)

SETAYASH-I-SHAHEREVAR

*Prayer to Shaherevar Ameshaspand
(This prayer was specially recommended
by Dasturji Kukadaru, to be prayed after
one's daily prayers).*

Khshnaothra ahurahe mazdāo
[Ashem vohu (1)]

Pa nāme yazdān ahuramazd khodāe
awazuni gurze khoreh awazayād,
shaherevar ameshāspand beresād. Az
hamā gunāh patet pashemānom az
harvastin dushmata duzukhta duzvarshta,
mem pa geti manid, oem goft, oem kard,
oem jast, oem bun bud ested, az ān
gunāh, manashni gavashni kunashni,
tani ravāni geti minoāni, okhe awākhsh
pashemān pa se gavashni pa patet hom.
Khshnaothra ahurahe mazdāo, taroidite

anghrahe mainyeush, haithyāvarshtām
 hyat vasnā frasho temem staomi ashem.
 Ashem vohū (3).

Fravarāne mazdayasno
 zarathushtrish vidaevo ahura-tkaesho
 (Recite the appropriate Geh) Khshathrahe
 vairyehē ayokhshustahe marezdikāi
 thrāyo drigaove, khshnaothra yasnāicha
 vahmāicha khshnaothrāicha
 frasastayaecha, yathā ahu vairyō zaotā
 frā me mrute athā ratush ashātchit hacha
 frā ashava vidhvāo mraotu. Khshathrem
 vairim ameshem spentem yazamaide,
 ayokhshustem yazamaide, marezdikem,
 thrāyo drighum yazamaide.

Setāyam va zabāyam dādār
 ahuramazd rayomand khorehmand va
 ameshāspandān sepāsdār hom az
 dādāre veh awazuni khodāe khāvar neki

dādār kesh frāz barhenid to shaherivar minoe khāste va sud veh-jivashne kesh geti hasta ayokhshast āne arjomand jar va sim va dārashne mardumān ke geti padash varjand ānche tij avarkār āsin kesh padash varjand jamin, va padash janand doshman va padash harvastin gohar va ayokhshast o kār āvorihed zar va šim hucheher vinashne pa sheher āwāyashni frākhnidar ke afzāyashni kesh hast āshkār va dādastān pa dasta veh raved kesh pa frārune tokhshni pa vish o kesh kardan va āne osh khishinid behere tan va behere ravān o ravān dehid. Kukheshtan va vehān va arzāniān padash beherevar kunand aghesh kard kāme ahuramazd va ameshaspandān, osh kheshinid husraove va giti va ashi pa minoe om kāme kum frārune afzāyashni bēd der patāe khāste āne zarin va ānach simin āvārij khāste sepāri

berasād pa veh jivashne har Yehān va arjāniān az man jāvidan sepāsdār hom az to sheherivar minie khāsteh che sud va khoreh va khārih va robāe farmāne va afrigāni andar sheher o vish ke khāsteh tawāngar-tar va paj kherad va him va hunar va har chish oe vish khāstetar va goftārtar va kāme ravātar bād.

Haomayo gava baresmana, hizvo danghangha, māthracha vachacha shyaothanacha zaothrābyascha arshukhdh-aeibyascha vāghzibyō.

Yenghe hātām āat yesne paiti vangho mazdāo ahuro vaethā ashāt hachā yāonghāmchā taschā taoschā yazamaide.

(Pray in silence) Ahura-mazda
Khodāy awazunie mardum mardum

sardagān hamā-sardagān, ham bāyaste
vehān, oem behdin māzdayasnān āgahi
āstavāni neki resānad aedun bād.

(Pray aloud) Yathā ahu vairyō (2)

Yasnemcha vahmemcha aojascha
zavarecha āfrinami, kshatharahe vairyehē
ayokhshustahe marezdikāi thrāyo
drighaove. Ashem Vohu(1)

Ahmāi raeshcha-Hazanghrem-Jasa
me avanghe mazda-Kerfeh Mozd.

Roj nek nām, roj pāk nām, roj
mubāarak[], māhe mubāarak[], gāhe
[] namāz dādāre gehān dāmān.
Khshnaothra ahurahe mazdāo taroidite
angrahe mainyeush, haityāvarshtām hyat
vasnā ferashotemem. staomi Ashem.

Ashem vohu (1).

Gorje khoreh awazāyād Shaherevar ameshāpand beresād, amāvand pirojgar, amāvandi pirojgari, dād din beh māzdayasnān, āgahi ravāi goāfringāni bād, haft keshvar zamin aedun bad. Man āno āwāyad shudan, man āno āwāyad shudan, man āno āwāyad shudan a shaone Ashem Vohu 1. *Turn towards south and pray* Dadare gehān dine Māzdayasni dāde zarhusti nemasete ashāum sevishte ardvi sura anāhite Ashaone Ashem Vohū 1.

Nemo urvaire vanguhi mazdadhāte, ashaone Ashem Vohū 1.

Khshathrem Vairim ameshem spentem yazamaide. Ashem Vohū 1.

Shaherevar ameshāspand beresād Ashem Vohū 1.

CHITHREM BUYĀT

Khshnaothra Ahurahe Mazdāo,
Ashem Vohu 1.

Chithrem Buyāt Ahmi Nmāne !

Pithvem Buyāt Ahmi Nmāne !

Tokhma Pithvem Buyāt Ahmi Nmāne;

Paidāyie bād andar in m̄an-i-vehān
ke hamishe piyih va ābādān bād; Pa
rasashne bād, pa Yazdān hādar-i-vehān;
Mehmān-i-dustān andarsh bad!

Fravashyo khshnutāo ayantu ahamya
nmāne;

Khshnutāo vicharentu ahamya
nmāne;

Khshnutāo āfrinentu ahamya nmāne

Vanghuhim ashim khāparām!

Khshnutāo pārayanthu hacha ahmāt
 nmānāt; Staomāchā, rājrecha barentu
 dathusho Ahurahe mazdāo Ameshanām
 Spentanām; MāChim Gerejānāo
 parayantu, hacha ahmat nmānāt
 ahmākemcha māzdayasnanām!

Ba khshnudi āyand ameshaspandān
 va faroharān andar in mān. Ba khshnudi
 āyand va ravand andar in mān ! Ba
 khshnudi āfrin kunand andar in mān!
 ba kshnudi frāj-be-ravand aj in mān!
 Yazashne va stāyashneva zabāyashne
 ashāi kār-i-kerfeh barand az in mān,
 oy dādār Ahuramazda va
 Amshāspandān! Me pa chih-je-garzashne
 be ravand aj in mān hamāke
 Māzdayasnim!

Shumā ke myazd-homandān ayet
 yakyak tan-tan- zud-zud ke ba din
 yazashne va darun va āfringān avā hamā
 ham-kerfeh bed ested, har ke rā zan
 va farzand hast der-jivād, der patāe
 māhamān bād; Har ke rā nist, yazdān
 barhenād osh dehād, tā sade panjāh
 sālān pas aj sad-o-panjāh sālān.
 padvand-i-saoshyosh firojgar
 padvandyād;

Shuma Vehān ke hamishe andar
 shādi va bazam bed va tān varas avar
 sar, va tān maye va zām ba dast, vatān
 sparma andar bāju, va tān khuniyā ba
 gush, va tān dustān shād, pa ham
 nashast; Shumā vehān pa kām-i-khish,
 rāmashne patāyashne virāyshne bad,

ke har-che jud-tar shāyad bed ta be-
 rasād, ān-i madan mardān-i-dad ārāstar,
 gehān virastar, ashai varzidār mard-
 Hushidar Zarhustān, va Peshutan i
 Vishtāspān, Va Veharām-i-Amāvand ōye
 paedā-i-din āyand vā rasand, dād-i-din-
 i-veh avā ān-i-Ahuramazd din
 padvandyad; hu din hu farmān andar
 Irān gehān ravā kunād juddin jud-farmān
 andār Irān Gehān ba avasahinād;

Din Bordārāni-i-shān aj din nek
 rasād, tā ān-i-madan mardān i-dād
 ārashtār gehān-virāstar, ashāi-varzidār
 mard, Hushidar-i Zarathushtān, va
 Peshutan-i Vishtāspan, va Veherām
 Amāvand din farrokh Padshāh-i-zamān-
 i-ava, avar hama vehān vehdinān baste

kustian-i-haft keshvar Zamin, hu chashma,
hu negridār kunād;

Vehān avar dast oy dāshtār va
parvartār band; Vatarān avar-dast oy
jadār avasahinidār band, tā vehān oy
kām rasand; Har-che-dahmān vehān
āfrin pāstā-i-yazad, yaki rā deh, deh
rā sad, sad rā hazār hazār ta baevarān
baevare jud rasād! Der patāe māhmān
bād!

An-i-yazdān oy yazdān rasād! Vehān
oy vehān rasād! Har cheezi aedun bād!
Aeduntaraz bād! Ham-chunin ke
Ahuramazd va Ameshāspandān kāme
bād! Ashem Vohu (1).

HUM BANDAGI (No.1)
(Monday Aiwisruthrem Geh)

1) This prayer is a Nemaz to all Atash Padsha Sahebs, Mah Bakhtar, Mah yezad Saheb (for Monday), Sarosh Yezad Saheb in Aiwisruthrem Geh. Nemaz for protection from Evil forces through AFSUN-E-SHAH FARIDUN, Nemaz for all good wishes.

Yatha Ahu Variyo (2), Ashem Vohu (1)



**Khushnaothra Ahurahe Mazdao
 Nemase-te Atash Mazdao
 Ahurahe Hudhao Mazishta Yazata,
 Ashem Vohu (1).**

**Nemo Ahurai Mazdai,
 Nemo Ameshaeiby Spentaeiby,
 Nemo Maonghai Gaochithrai,**

Nemo paiti-ditai, Nemo paiti-dite

**Maonghem Gaochithrem Ashavanem
Ashahe ratum yazamaide.**

**Saroshem ashim huraodhem
verethrajanem, fradat-gaethem
Ashavanem ashaha ratum yazamaide.**

 **Fe Nam-E-yazad,
Ba Farman-E-yazad,
Ba Nam-E-nik Faridune Gav-daye** 
(to be recited thrice)

**Yenghe hatam
Aat Yesne paiti vangho mazdao
Ahuro vaetha ashat hacha,
Yaonghamcha tascha taoscha
Yazamaide. Ashem Vohu (1).
Yatha Ahu Variyo (1), Ashem Vohu (2)**

DADAR HORMZDA NE VINANTI

**Karu Chhu O Dadgar, Vinanti Tuja Pase
Araj Karu Mari, Puri Kar Tu Aaje. (2)**

**Mari Muskil, Ashan Tu Karaje
Dukhti Bachavanu, Heshan Tu Karaje. (2)**

**Pap Ane Gunathi, mane Bachavje
Ejat Ane Abruthi, Mane Dipavje. (2)**

**Saga Snehi Sathe, Sulah Sanp Rakhavje
Mitro Samaj Mate, prem Tu Apavje. (2)**

**Ahvi Araj mari, Vinanti Svikarje,
Bhala Assis Tara, mane Moklavje. (2)**

**Karu Chhu O Dadgar, Vinanti Tuja Pase,
Araj Karu Mari, Puri Kar Tu Aaje. (1)**

KHUDAVIND KHAVIND

Khudavind tu khavind tu parvardegar,
 Namuj tari dadgahe namuj khaksaar.

Thayo roj akher sharu thai chhe raat,
 Tane raaji raakhvane hu chhu pachhat.

Dayalu' khudavind jagat na re baap,
 Daya kar mane saaru dahpan tu app.

Ke bhulo sudharun havey roj roj,
 Bhalai vadharun karu nitya khoj,
 Bhalu hakma mara te jaanu nahi,
 Bhalu je mane te tu jaane sahi.

Bahu aajiji thi namine khuda,
 Karu chhu dua aashisho de sada.

Ke tari madadthi hu rakhu vivek,
 Manashni, gavashni, kunashni je nek.

Mane pasbaanima tari suvad,
 Bhala kaamo karva savaarey uthad.

